



Save time and money:

- Talk to a Board Certified Physician 24/7/365
- No appointment necessary
- 13 minute average consult time
- No consultation fee for UHCSR members*
- \$40 consultation fee for non-UHCSR members
- Avoid trips to the doctor's office, urgent care or emergency room
- Use whatever device is convenient - smart phone, tablet, computer, etc.**

Did you know?

Over 70% of all emergency room, urgent care and doctor office visits can be safely handled over the phone.

**When services are obtained during the policy effective dates.*

***Telephone services and/or video chat availability is determined by state requirements.*

HealthiestYou is not health insurance. HealthiestYou is designed to complement, and not replace, the care you receive from your primary care physician. HealthiestYou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. HealthiestYou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. HealthiestYou does not guarantee that a prescription will be written. Not available in Arkansas; limited services in Idaho and Texas.



Remote Access to Licensed Medical Doctors with HealthiestYou

We've partnered with HealthiestYou to provide you with round-the-clock access to board-certified physicians. UHCSR member and non-member students can connect with a physician via phone and/or video chat* using this nationwide telehealth service. During a physician consult, you will be able to speak to a physician for diagnosis and treatment of many different acute illnesses.

Healthiest You also offers notifications via smart phone app - students may receive a notification when they arrive at an Emergency Room or Urgent Care Center. This notification will serve to remind you of your telehealth benefit that allows you to speak to a doctor without having to sit in a waiting room.

